

REQUEST FOR PROPOSALS (RFP) NO. 2023-014 HEALTH & FITNESS TRAINER

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INTRODUCTION

Columbus Metropolitan Housing Authority (hereinafter, "HA") is a public entity, formed in 1934 to provide federally subsidized housing and housing assistance to low-income families, in Columbus and Franklin County. CMHA is headed by a President & CEO and is governed by a Board of Commissioners and is subject to the requirements of Title 24 of the Code of Federal Regulations (hereinafter, "CFR") and CMHA's procurement policy. The Agency was brought into existence by resolution of the State of Ohio's Board of Housing on May 8th, 1934. CMHA is a subdivision of the State of Ohio.

Currently, the HA owns and/or manages: (a) 26 multi-family apartment complexes totaling 3,139 units; (b) eight senior complexes, totaling 733 units; and (c) four Service Enriched complexes, totaling 258 units. the HA also administers approximately 13,000 Section 8 Housing Choice Vouchers and manages the HUD Project Based Rental Assistance contracts covering 81,000 units in Ohio and Washington, D.C. through its subsidiary, Assisted Housing Services Corporation. The HA currently has approximately 74 employees.

n keeping with its mandate to provide efficient and effective services, the HA is now soliciting proposals from qualified, licensed and insured entities to provide the services specified herein to the HA. All proposals submitted in response to this solicitation must conform to all of the requirements and specifications outlined within this document and any designated attachments in its entirety.

	Table No. 2
HA CONTACT PERSON	Andrea Quinichett, AVP of Procurement 614.421.4434 aquinichett@cmhanet.com
HOW TO OBTAIN THE RFP DOCUMENTS ON THE CMHA WEBSITE	 Access the cmhanet.com Click on the "Business Opportunities/Section 3" heading Click on the "Purchasing/Open Opportunities" heading If you have any problems in accessing or registering on the system, please call the Purchasing Department at 614.421.4434
PRE-PROPOSAL CONFERENCE	Wednesday October 18 th , 2023 @1:30pm Join Zoom Meeting <u>https://us02web.zoom.us/j/85610026714?pwd=bnZaMHM1bk9Q</u> <u>MVFNK0hHZ3BSZHZRUT09</u> Meeting ID: 856 1002 6714 Passcode: 863140
HOW TO FULLY RESPOND TO THIS RFP BY SUBMITTING A PROPOSAL SUBMITTAL	As directed within Section 3.0 of the RFP document, All pricing must be submitted separately to <u>feeproposal@cmhanet.com</u> . All technical responses must be submitted and received to <u>technicalresponse@cmhanet.com</u> no later than the submittal deadline stated herein (or within any ensuing addendum).
PROPOSAL SUBMITAL RETURN & DEADLINE	Monday October 30, 2023 @ 2:00pm (Electronic Copy is Preferred) The HA Central Office 880 E. 11 th Avenue, Columbus, Ohio 43211 Note: Electronic Copies are preferred, the "hard copy" proposals and sealed financial information must be received in-hand and time-stamped by the HA by no later than 2:00 p.m. on this date.
ANTICIPATED APPROVAL BY HA BOARD OF COMMISSIONERS	January 2024

RFP INFORMATION AT A GLANCE

1.0 HA'S RESERVATION OF RIGHTS:

- **1.1** The HA reserves the right to reject any or all proposals, to waive any informality in the RFP process, or to terminate the RFP process at any time, if deemed by the HA to be in its best interests.
- **1.2** The HA reserves the right not to award a contract pursuant to this RFP.
- **1.3** The HA reserves the right to terminate a contract awarded pursuant to this RFP, at any time for its convenience upon 30 days written notice to the successful proposer(s).
- **1.4** The HA reserves the right to determine the days, hours and locations that the successful proposer(s) shall provide the services called for in this RFP.
- **1.5** The HA reserves the right to retain all proposals submitted and not permit withdrawal for a period of 60 days subsequent to the deadline for receiving proposals without the written consent of the HA Contracting Officer (CO)/Purchasing Manager.
- **1.6** The HA reserves the right to negotiate the fees proposed by the proposer entity.
- **1.7** The HA reserves the right to reject and not consider any proposal that does not meet the requirements of this RFP, including but not necessarily limited to incomplete proposals and/or proposals offering alternate or non-requested services.
- **1.8** The HA shall have no obligation to compensate any proposer for any costs incurred in responding to this RFP.
- **1.9** The HA shall reserve the right to at any time during the RFP or contract process to prohibit any further participation by a proposer or reject any proposal submitted that does not conform to any of the requirements detailed herein. By accessing the HA website, <u>www.cmhanet.com</u> and downloading this document, each prospective proposer is thereby agreeing to abide by all terms and conditions listed within this document, and further agrees that he/she will inform the Purchasing Manager or designee in writing within 5 days of the discovery of any item listed herein or of any item that is issued thereafter by the HA that he/she feels needs to be addressed. Failure to abide by this time frame shall relieve the HA, but not the prospective proposer, of any responsibility pertaining to such issue.
- **1.10** The HA shall pay utility bills for all rental assistance demonstration and public housing units under the terms of an existing contract.
- **1.11** The HA reserves the right to select a single or multiple award contract.
- **1.12** The HA reserves the right to add requirements during the contract period when it is in the best interest of the HA.

2.0 SCOPE OF WORK (SOW)/TECHNICAL SPECIFICATIONS (T/S): CMHA is seeking proposals from insured and certified Group Fitness Instructors to provide onsite fitness classes and programs for HA employees.

2.0.1 <u>Expectation/Role of the Proposer</u>

2.0.1.1 The successful proposer will provide group fitness classes that meet the HA health & wellness needs i.e., Strength Training, Cardio-Core, Yoga, Pilates, Zumba, Line Dance, Intro to Exercise, Health & Vitality (50+) Functional Training

2.0.2 <u>Responsibilities of the Professional Personal Trainer</u>

- **2.0.2.1** The Proposer must provide a detailed demonstration of the following responsibilities:
 - 2.0.2.1.1 All employees in the workplace fitness related services should primarily be delivered to HA but shall also be offered at the contractor location(s).
 - 2.0.2.1.2 Worksite interactions by the selected contractor with HA employees shall include health promotion resources within their scope of practice.
 - 2.0.2.1.3 The HA expects the selected contractor to promote employee engagement in the fitness program, including, but not limited to, coaching, training and assessment activities.
 - 2.0.2.1.4 The Proposer shall be required to work with the HA to promote United Healthcare (UHC) Health (or current Healthcare provider) and Wellness portal which provides health and wellness resources and tools to HA employees. UHC online program reinforces and provides ongoing lifestyle support for nutrition, exercise, weight management, tobacco cessation, stress management, diabetes, heart health and behavior change.
 - 2.0.2.1.5 Although not mandatory, the HA strongly recommends attending a site visit prior to submitting a proposal.
- 2.0.3 Program Monitoring and Data Management
 - **2.0.3.1** The Proposers shall collect and analyze employees' feedback on the existing training program, propose and establish a full range of trainings and classes offered 1-2 days/week on an on-going basis to accommodate hybrid work model.
- 2.0.4 <u>Services</u>
 - **2.0.4.1** The selected Proposer shall be expected to conduct the following classes and services:
 - 2.0.4.1.1 Yoga, Pilates, Strength Training, Cardio Core, Line Dancing, Zumba, Functional Training, Injury Prevention
 - 2.0.4.1.2 Stress reduction: Limiting physical and mental stress via exercise and nutrition.

- 2.0.4.1.3 Weight control & Nutrition counseling: Providing information, support and programs to help reach healthy weight goals.
- **2.0.4.2** Worksite exercise and education:
 - 2.0.4.2.1.1 The Proposer shall consult and advise program participants onsite during the specified operation hours on proper use of fitness equipment and benefits of exercising related to participant's personal goals.
 - 2.0.4.2.1.2 The Proposer shall plan, conduct and coordinate various exercise classes. These classes will be conducted on an ongoing basis during the contract term, with a mutually agreed upon schedule. The contract will work with the HW Coordinator to promote program benefits and enhance employees' awareness, involvement, participation and facility utilization.
 - 2.0.4.2.1.3 The Proposer shall plan, conduct and coordinate regularly scheduled information seminars on wellness related health topics. The seminars will be no shorter than one hour in length and will be held at an HA site, with a mutually agreed upon schedule.
 - 2.0.4.2.1.4 The Proposer shall incorporate program participant's feedback to modify, update, and adjust class and/or seminar types to meet the overall program goal of improving employee's health.
 - 2.0.4.2.1.5 The Proposer shall attend the HA Annual Health Fair

2.0.5 <u>General Requirements</u>

- **2.0.5.1** All Trainers shall be Certified within their scope of practice.
- **2.0.5.2** The Proposer shall have, at a minimum, 3 years of experience within their scope of work.
- **2.0.5.3** Proposer accepts any and all risk associated with failure to fully understand the Statement of Work/Specifications as it reads in this RFP.
- **2.0.5.4** All personnel affiliated with this contract shall be insured and certified through the State of Ohio. The proposer shall provide liability insurance and certification of all key personal that will be working on this contract.
- **2.0.5.5** Proposer shall practice acceptable safety precautions so as not to Cause harm to any persons or property while performing services under this RFP or any resulting contract. The proposer shall follow industry safety standards and use only industry approved safety equipment in accordance with the manufacturer's specification in the performance of all duties.

- **2.0.5.6** Proposer shall pay all of its employees, including any and all approved Subcontractors, at least the legal minimum wages as determined by the United States Department of Labor and the United States Department of Housing and Urban Development of Labor Prevailing Wages, or Davis Bacon Wages (if applicable).
- **2.0.5.7** Proposer shall only utilize trained and experienced employees to perform the work required as stated in this RFP.
- 2.0.8.5 Proposer's personnel shall be neat and conduct all work in a professional and efficient manner. If any employee of proposer is deemed unacceptable by the HA, Proposer shall immediately replace such personnel with an acceptable substitute to the HA.

2.0.6 <u>Safety</u>

2.0.6.1 The proposer shall, at all times, ensure that all work provided by the Proposer complies with all local, State and Federal rules pertaining to workplace safety; meaning, the contractor shall, at all times, conduct business in such a manner as to protect its workers, HA residents, HA staff, and the public. Further, the contractor shall have full and sole responsibility to correct any such condition found unsafe by any authorized entity (including the HA), and, if such unsafe conditions result to any group named within this section, shall have full and sole responsibility to correct solution, shall have full and sole responsibility to compensate such persons if so ordered by an authorized agency or a court having jurisdiction.

PROPOSAL FORMAT:

3.1 Tabbed Proposal Submittal: The HA intends to retain the successful proposer pursuant to a "Best Value" basis, not a "Low Proposal" basis ("Best Value," in that the HA will, as detailed within the following Section 4.0, consider factors other than just cost in making the award decision). Therefore, so that the HA can properly evaluate the offers received, all proposals submitted in response to this RFP must be formatted in accordance with the sequence noted following. Each category must be separated by numbered index dividers (which number extends so that each tab can be located without opening the proposal) and labeled with the corresponding tab reference also noted below. None of the proposed services may conflict with any requirement the HA has published herein or has issued by addendum.

 RFP
 Tab No.

 Section
 Description

 3.1.1
 1

 Form of Proposal: This Form is attached hereto as Attachment A to this RFP document. This 1-page Form must be fully completed, executed where provided thereon and submitted under this tab as a part of the proposal submittal.

3.1.2	2	Form HUD-5369-C (8/93), Certifications and Representations of
0.1.2	2	<i>Offerors, Non-Construction Contract:</i> This Form is located on the HUD website. This 2-page Form must be fully completed, executed where provided thereon and submitted under this tab as a part of the proposal
		submittal.
3.1.2.1	2	Form HUD-5369-A (11/92), Representations, Certifications, and
		Statements of Proposers, Public and Indian Housing Programs: This
		Form is located on the HUD website. This 4-page Form must be fully
		completed, executed where provided thereon and submitted under this tab as a part of the proposal submittal.
3.1.3	3	Proposers Certification and Profile of Firm Form: The Proposers
		Certification is located on page 17 of this RFP document. The Profile of
		Firm Form is attached hereto as Attachment B to this RFP document.
		This 2-page Form must be fully completed executed and submitted under
3.1.4	4	this tab as a part of the proposal submittal. Proposed Services: As more fully detailed within Section 2.0, <i>Scope of</i>
5.1.4	-	Proposal/Technical Specifications, of this document, the proposer shall,
		at a minimum, clearly detail within the information submitted under this
		tab documentation showing:
3.1.4.1		As detailed within Section 4.1, Evaluation Factor No. 2, herein, The
		APPROPRIATENESS of the TECHNICAL APPROACH (including labor categories, estimated hours and skill mix) and the QUALITY of the
		WORK PLAN. The proposer's TECHNICAL CAPABILITIES (in terms of
		personnel, equipment and materials) and the MANAGEMENT PLAN
		(including staffing of key positions, method of assigning work and
		procedures for maintaining level of service, etc.), adherence to proposal
		submittal requirements as stated in Section 3.0, Table 3, and comprehensive proposal as noted in this RFP), based upon the opinion
		of the evaluators.
3.1.4.2		As detailed within Section 4.1, Evaluation Factor No. 3, herein, The
		proposer's DEMONSTRATED EXPERIENCE in performing similar work of contract work substantially similar to that required by this solicitation.
3.1.4.3		As detailed within Section 4.1, Evaluation Factor No. 4, herein, The
		proposer's OVERALL QUALITY AND PROFESSIONAL APPEARANCE
		OF THE PROPOSAL SUBMITTED , based upon the opinion of the evaluators.
3.1.4.4		If appropriate, how staff are retained, screened, trained and monitored;
3.1.4.5		The proposed quality control program;
3.1.4.6		An explanation and copies of forms that will be used and reports that will
		be submitted and the method of such reports (i.e. written; fax; internet;
		etc.);
3.1.4.7	F	A complete description of the products and services the firms provides.
3.1.5	5	Managerial Capacity/Financial Viability: The proposer entity must submit under this tab a concise description of its managerial and financial
		capacity to deliver the proposed services, including brief professional
		resumes for the persons identified within areas (5) and (6) of Attachment
		B, Profile of Firm Form. Such information shall include the proposer's
		qualifications to provide the services; a description of the background and
		current organization of the firm and three (3) years of audited financial

		statements to include cash flow <u>or</u> equivalent as approved by the HA prior
		to submission of the Response (Contractor shall include this
		documentation with the Fee Proposal Sheet as noted in Table 2).
3.1.6	6	Client Information: The proposer shall submit a listing of former or
		current clients, including any Public Housing Authority other than the HA
		requiring this information, for whom the proposer has performed similar or
		like services to those being proposed herein. The listing shall, at a
		minimum, include:
3.1.6.1		The client's name;
3.1.6.2		The client's contact name;
3.1.6.3		The client's telephone number;
3.1.6.4		A brief description and scope of the service(s) and the dates the services
		were provided;
3.1.7	7	Equal Employment Opportunity: The proposer must submit under this
		tab a copy of its Equal Opportunity Employment Policy.
3.1.8	8	Subcontractor/Joint Venture Information (Optional Item): The
		proposer shall identify hereunder whether or not he/she intends to use
		any subcontractors for this job, if awarded, and/or if the proposal is a joint
		venture with another firm. Please remember that all information required
		from the proposer under the proceeding tabs must also be included for
		any major subcontractors (10% or more) or from any joint venture.
3.1.9	9	Section 3 Participation Documentation as required by Attachment D
3.1.10	10	Other Information (Optional Item): The proposer may include
		hereunder any other general information that the proposer believes is
		appropriate to assist the HA in its evaluation.

- **3.1.11 Proposal Submittal Electronic Method: (Electronic Copy is Preferred)** It is preferable and recommended that the proposer shall submit the all-inclusive technical portion of the response to technicalresponse@cmhanet.com, ensuring that all information requested in Section 3.0 Proposal Format are included.
- **3.1.12** Proposal Submittal Binding Method: It is acceptable and recommended that the proposer bind the proposal submittals.
- **3.1.13** The proposer shall clearly and distinctly notate any information in his/her submittal that is considered "Proprietary".
- **3.2** Entry of Proposed Fees: The proposed fees shall be submitted by the proposer on the provided "Fee Sheet" (Attachment D) The Proposer shall submit this sheet to feeproposal@cmhanet.com. Do not submit, enter or refer to any fees or costs to technicalresponse@cmhanet.com. Any proposer that does so may be rejected without further consideration. A proposer must enter a proposed fee for each item--a "No Proposal" will not be allowed for any item, though a "No Charge" will be allowed for certain items. The proposed fees submitted by each proposer are inclusive of all necessary costs to provide the proposed services not otherwise provided for herein, including, but not limited to: employee costs and benefits; clerical support; overhead; profit; supplies; materials; licensing; insurance; etc. All costs incurred in the preparation of a Proposal and participation in this RFP and negotiation process shall be borne by the proposing firm.

RFP Section	Item No.	Qty	U/M	Description
3.2.1				
3.2.1.1	1	Unknown	Hour	Training Service/Class

Table No. 4

3.3 Additional Information Pertaining to the Pricing Items:

- **3.3.1 Quantities:** All quantities entered by the HA herein are for calculating purposes only. As may be further detailed herein, the HA does not guarantee any minimum or maximum amount of work as a result of any award ensuing from this RFP, as the ensuing contract will be a Requirements Contract, in that the HA shall retain one contractor only and shall retain the right to order from that contractor (successful proposer), on a task order basis, any amount of services the HA requires.
- **3.4 Proposal Submission: (Electronic Copy is Preferred)** All pricing must be submitted via separate, sealed envelope and all "hard copy" proposals must be submitted and time-stamped received in the designated HA office by no later than the submittal deadline stated herein. A total of 1 original signature copy (marked "ORIGINAL") and 2 exact copies (each of the 3 separate proposal submittals shall have a cover and extending tabs) of the "hard copy" proposal submittal, shall be placed unfolded in one (1) sealed package and addressed to:

The Columbus Metropolitan Housing Authority Attention: AVP of Procurement 880 E. 11th Avenue Columbus, Ohio 43211

The package exterior must clearly denote the above noted RFP number and must have the proposer's name and return address. Proposals received after the published deadline will not be accepted.

- **3.4.1 Submission Responsibilities:** It shall be the responsibility of each proposer to be aware of and to abide by all dates, times, conditions, requirements and specifications set forth within all applicable documents issued by the HA. By virtue of completing, signing and submitting the completed documents, the proposer is stating his/her agreement to comply with the all conditions and requirements set forth within those documents.
- **3.5 Proposer's Responsibilities--Contact With the HA:** It is the responsibility of the proposer to address all communication and correspondence pertaining to this RFP process to the CO or Purchasing Agent only. Proposers must not make inquiry or communicate with any other HA staff member or official (including members of the Board of Commissioners) pertaining to this RFP. Failure to abide by this requirement may be cause for the HA to not consider a proposal submittal received from any proposer who may has not abide by this directive.
 - **3.5.1** Addendums: All questions and requests for information must be addressed in writing to the CO or Purchasing Agent. The CO or Purchasing Agent will respond

to all such inquiries in writing by addendum to all prospective proposers (i.e. firms or individuals that have obtained the RFP Documents). During the RFP solicitation process, the CO or Purchasing Agent will NOT conduct any *ex parte* (a substantive conversation—"substantive" meaning, when decisions pertaining to the RFP are made—between the HA and a prospective proposer when other prospective proposers are not present) conversations that may give one prospective proposer an advantage over other prospective proposers.

3.6 Pre-proposal Conference: The scheduled pre-proposal conference identified on Page 2 of this document is, pursuant to HUD regulation, not mandatory. The purpose of this conference is to assist prospective proposers in having a full understanding of the RFP documents so that he/she feels confident in submitting an appropriate proposal; therefore, at this conference the HA will conduct an overview of the RFP documents, including the attachments. Prospective proposers may also ask questions, though the CO may require that some such questions are delivered in writing prior to a response.

3.6.1 General Directions for Virtual Pre-Proposal Conference:

Table No. 5

Join Zoom Meeting

https://us02web.zoom.us/j/85610026714?pwd=bnZaMHM1bk9QMVFNK0hHZ3 BSZHZRUT09

Meeting ID: 856 1002 6714 Passcode: 863140

4.0 **PROPOSAL EVALUATION:**

4.1 Evaluation Factors: The following factors will be utilized by the HA to evaluate each proposal submittal received; award of points for each listed factor will be based upon the documentation that the proposer submits within his/her proposal submittal:

			Table No. 6
NO	MAX POINT VALUE	FACTOR TYPE	FACTOR DESCRIPTION
1	20 points	Objective	The PROPOSED COSTS the proposer proposes to charge the HA to provide the required work.
2	35 points	Subjective (Technical)	The proposer's TECHNICAL CAPABILITIES (in terms of personnel, certification, expertise and materials) and the MANAGEMENT PLAN (including staffing of key positions, method of assigning work and procedures for maintaining level of service, etc.).
3	40 points	Subjective (Technical)	The proposer's DEMONSTRATED EXPERIENCE in performing similar work and the proposer's DEMONSTRATED SUCCESSFUL PAST PERFORMANCE (including meeting costs, schedules and performance requirements) of contract work substantially similar to that required by this solicitation.

4	5 points	Subjective (Technical)	The OVERALL QUALITY AND PROFESSIONAL APPEARANCE OF THE PROPOSAL SUBMITTED , based upon the opinion of the evaluators.
	100 points	100 points	Total Points (other than preference points)

4.2 Evaluation Method:

- **4.2.1 Initial Evaluation for Responsiveness:** Each proposal received will first be evaluated for responsiveness (e.g., meets the minimum of the published requirements). The HA reserves the right to reject any proposals deemed by the HA not minimally responsive (the HA will notify such firms in writing of any such rejection).
- **4.2.2 Evaluation Packet for Proposals Deemed Responsive:** Internally, an evaluation packet will be prepared for each evaluator, including the following documents:
 - **4.2.2.1** Proposal Tabulation Form;
 - **4.2.2.2** Written Narrative Justification Form for each proposer;
 - **4.2.2.3** Copy of all pertinent RFP documents.
- **4.2.3 Evaluation Committee:** The HA anticipates that it will select a minimum of a three-person committee to evaluate each of the responsive "hard copy" proposals submitted in response to this RFP.
- **4.2.4 Evaluation:** The CO will evaluate and award points pertaining to Evaluation Factors No. 1 (the "Objective" Factor). The appointed evaluation committee, independent of the CO or any other person at the HA, shall evaluate the responsive proposals submitted and award points pertaining to Evaluation Factors No. 2, 3, and 4 (the "Subjective" Factors).
- **4.2.5 Potential "Competitive Range" or "Best and Finals" Negotiations:** The HA reserves the right to conduct a "Best and Finals" Negotiation, which may include oral interviews, with all firms deemed to be in the competitive range. Any firm deemed not to be in the competitive range shall be notified of such in writing by the HA in a timely manner as possible.
- **4.2.6 Determination of Top-ranked Proposer:** Typically, the subjective points awarded by the evaluation committee will be combined with the objective points awarded by the CO to determine the final rankings.
 - **4.2.6.1 Ties:** In the case of a tie in points awarded, the award shall be decided as detailed within Section 6.12.C of HUD Procurement Handbook 7460.8 REV 2, by "drawing lots or other random means of selection."

- **4.2.7 Award Recommendation:** It is anticipated that the final rankings will be forwarded to the HA Board of Commissioners (BOC) at a regularly scheduled board meeting for approval. Contract price negotiations may, at the HA's option, be conducted prior to or after the BOC approval.
- **4.2.8** Notice of Results of Evaluation: If an award is completed, all proposers will receive by e-mail an Award Notification. Such notice shall inform all proposers of:
 - **4.2.8.1** Which proposer received the award;
 - **4.2.8.2** Where each proposer placed in the process as a result of the evaluation of the proposals received.
 - **4.2.8.3** The cost or financial offers received from each proposer.

5.0 CONTRACT AWARD:

- **5.1 Contract Award Procedure:** If a contract is awarded pursuant to this RFP, the following detailed procedures will be followed:
 - **5.1.1** By completing, executing and submitting the Form of Proposal, Attachment A, the "proposer is thereby agreeing to abide by all terms and conditions pertaining to this RFP as issued by the HA, in hard copy.
- **5.2 Contract Conditions:** The following provisions are considered mandatory conditions of any contract award made by the HA pursuant to this RFP:
 - **5.2.1 Contract Form:** The HA is not obligated to contract on the successful proposer's form when a HA form is available, and by submitting a proposal the successful proposer agrees to do so (please note that the HA reserves the right to amend this form as the HA deems necessary).
 - **5.2.1.1** Please note that the HA has no legal right or ability to (and will not) at any time negotiate any clauses contained within ANY of the HUD forms included as a part of this RFP.
 - **5.2.3 Unauthorized Sub-Contracting Prohibited:** The successful proposer shall not assign any right, nor delegate any duty for the work proposed pursuant to this RFP (including, but not limited to, selling or transferring the contract) without the prior written consent of the CO. Any purported assignment of interest or delegation of duty, without the prior written consent of the CO shall be void and may result in the cancellation of the contract with the HA, or may result in the full or partial forfeiture of funds paid to the successful proposer as a result of the proposed contract; either as determined by the CO.
- **5.3 Contract Period:** The HA anticipates that it will award a contract for the period of one (1) year, with (4) one year option not to exceed five (5) years.
- **5.4** Licensing and Insurance Requirements: The successful proposer will be required to provide:

- **5.4.1** An original certificate evidencing the proposer's current industrial (worker's compensation) insurance carrier and coverage amount.
- **5.4.2** An original certificate evidencing General Liability coverage, naming the HA as an additional insured, together with the appropriate endorsement to said policy reflecting the addition of the HA as an additional insured under said policy (minimum of \$1,000,000 each occurrence, general aggregate minimum limit of \$1,000,000, together with damage to premises and fire damage of \$50,000 and medical expenses any one person of \$5,000);
- **5.4.3** An original certificate showing the proposer's professional liability and/or "errors and omissions" coverage (minimum of \$1,000,000 each occurrence, general aggregate minimum limit of \$1,000,000);
- **5.4.4** An original certificate showing the proposer's automobile insurance coverage in a combined single limit of \$1,000,000. For every vehicle utilized during the term of this program, when not owned by the entity, each vehicle must have evidence of automobile insurance coverage with limits of no less than \$50,000/\$100,000 and medical pay of \$5,000;
- **5.4.5** If applicable, a copy of the proposer's license issued by the State of Ohio licensing authority allowing the proposer to provide the services detailed herein.
- **5.4.6** The requested related information shall also be entered where provided for on the Profile of Firm Form.
- **5.5 Right to Negotiate Final Fees:** The HA shall retain the right to negotiate the amount of fees that are paid to the successful proposer, meaning the fees proposed by the top-rated proposer may, at the HA's options, be the basis for the beginning of negotiations. Such negotiations shall begin after the HA has chosen a top-rated proposer. If such negotiations are not, in the opinion of the CO successfully concluded within 5 business days, the HA shall retain the right to end such negotiations and begin negotiations with the next-rated proposer.
- **5.6 Contract Service Standards:** It is the responsibility of the prospective proposer to ensure that all items and services proposed conform to all local, state and federal law concerning safety (OSHA) and environmental control (EPA and Franklin County Pollution Regulations) and any other enacted ordinance, code, law or regulation. The successful Proposer shall be responsible for all costs incurred for compliance with any such possible ordinance, code, law or regulation. At no time shall extensions be granted or financial consideration given to the successful Proposer for time or monies lost due to violations of any such ordinance, code, law or regulations that may occur.

6.0 ADDITIONAL CONSIDERATIONS:

6.1 Required Permits and Licenses: Unless otherwise stated in the RFP documents, all Federal, State or local permits and licenses which may be required to provide the services ensuing from any award of this RFP, whether or not they are known to either CMHA or the proposers at the time

of the proposal submittal deadline or the award, shall be the sole responsibility of the successful Proposer and all offers submitted by the Proposer shall reflect all costs required by the successful Proposer to procure and provide such necessary permits or licenses.

- **6.2 Taxes:** All persons doing business with CMHA are hereby made aware that CMHA is exempt from paying Ohio State Sales and Use Taxes and Federal Exercise Taxes. A letter of Tax Exemption will be provided upon request.
- **6.3** Official, Agent and Employees of CMHA Not Personally Liable: It is agreed by and between the parties hereto that in no event shall any official, officer, employee, or agent of CMHA in any way be personally liable or responsible for any covenant or agreement herein contained whether expressed or implied, nor for any statement, representation or warranty made herein or in any connection with this agreement.
- **6.4 Termination:** Any contract resulting from this RFP may be terminated under the following conditions:
 - 6.4.1 By mutual consent of both parties, and
 - **6.4.2 Termination For Cause:** As detailed within Clause No. 3 of Form HUD-5370-C (10/2006), *General Conditions for Non-Construction Contracts, Section I (Within or without Maintenance Work)*, attached hereto:
 - **6.4.2.1** CMHA may terminate any and all contracts for default at any time in whole or in part, if the contractor fails to perform any of the provisions of any contract, so fails to pursue the work as to endanger performance in accordance with the terms of the RFP or any resulting contracts, and after receipt of written notice from CMHA, fails to correct such failures within seven (7) days or such other period as CMHA may authorize or require.
 - **6.4.2.1.1** Upon receipt of a notice of termination issued from CMHA, the Contractor shall immediately cease all activities under any contract resulting from this RFP, unless expressly directed otherwise by CMHA in the notice of termination.
 - **6.4.2.1.2** CMHA may terminate any contract resulting from this RFP in whole or in part, if funding is reduced, or is not obtained and continued at levels sufficient to allow for the expenditure.

- **6.4.3 Termination For Convenience:** In the sole discretion of the HA, CMHA may terminate any and all contracts resulting from this RFP in whole or part upon thirty (30) days prior notice to the Contractor when it is determined to be in the best interest of the HA.
- **6.4.4** The rights and remedies of CMHA provided under this section are not exclusive and are in addition to any other rights and remedies provided by law or under any contract.

FORM OF PROPOSAL (Attachment A)

(This Form must be fully completed and placed under Tab No. 1 of the "hard copy" tabbed proposal submittal.)

Instructions: Unless otherwise specifically required, the items listed below must be completed and included in the proposal submittal. Please complete this form by marking an "X," where provided, to verify that the referenced completed form or information has been included within the "hard copy" proposal submittal submitted by the proposer. Also, complete the Section 3 Statement and the Proposer's Statement as noted below:

X=ITEM INCLUDED	SUBMITTAL ITEMS (Four copies of each proposal, including one with original signatures)		
	Tab 1	Form of Proposal (Attachment A)	
	Tab 2	Form HUD-5369-C Form HUD-5369-A	
	Tab 3	Profile of Firm Form (Attachment B) Proposer's Certification (Attachment C)	
	Tab 4	Proposed Services	
	Tab 5	Managerial Capacity/Financial Viability, including resumes	
	Tab 6	Client Information	
	Tab 7	Equal Employment Opportunity Statement	
	Tab 8	Subcontractor/Joint Venture Information (Optional)	
	Tab 9	Section 3 Participation Documentation (Attachement D)	
	Tab 10	Proposal Fee Sheet (Attachment E)	

SECTION 3 STATEMENT

Are you claiming a Section 3 business preference? YES____ or NO____. If "YES," pursuant to the Section 3 portion within the Conditions and Specifications, and pursuant to the documentation justifying such submitted under Tab No. 9, which priority are you claiming?

PROPOSER'S STATEMENT

The undersigned proposer hereby states that by completing and submitting this Form and all other documents within this proposal submittal, he/she is verifying that all information provided herein is, to the best of his/her knowledge, true and accurate, and that if the HA discovers that any information entered herein to be false, such shall entitle the HA to not consider or make award or to cancel any award with the undersigned party. Further, by completing and submitting the proposal submittal, and by downloading the RFP document(s) from the HA website, www.cmhanet.com., the undersigned proposer is thereby agreeing to abide by all terms and conditions pertaining to this RFP as issued by the HA. Pursuant to all RFP Documents, this Form of Proposal, and all attachments, and pursuant to all completed Documents submitted, including these forms and all attachments, the undersigned proposes to supply the HA with the services described herein for the fee(s) entered within the areas provided on the Fee Proposal pertaining to this RFP.

Signature

Date

Printed Name

Company

REQUEST FOR PROPOSALS (RFP) NO. 2023-014 HEALTH & FITNESS TRAINER

RFP 2023-014: PROFILE OF FIRM FORM (Attachment B)					
(This Form must be fully completed and placed under Tab	No. 3 of the "hard copy" tabbee	d proposal submittal.)			
(1) Prime Joint Venture/ Partner Sub-contractor	(This form must be completed by and f	or each).			
(2) Name of Firm: Tel	ephone: Fax	·			
(3) Street Address, City, State, Zip:					
 (4) Please attached a brief biography/resume of the comparison (a) Year Firm Established; (b) Year Firm Established in (if applicable); (d) Name of Parent Company and Date A 	(Jurisdiction); (c) Former Name				
(5) Identify Principals/Partners in Firm (Provide resumes for		N 05			
NAME	TITLE	% OF OWNERSHIP			
(6) Identify the individual(s) that will act as project manager on project; please submit under Tab No. 3 a brief resun above):					
NAME	TITLE				
(7) Identify the rate in which employees are paid: POSITION WITHIN ORGANIZATION	MANNER OF PAY (HOUR	RLY/COMMISSION.			
	OTHER)	· · · · · · · · · · · · · · · · · · ·			

(8) Proposer Diversity Statement: You must circle all of the following that apply to the ownership of this firm and enter where provided the correct percentage (%) of ownership of each:

enter where provided t	le conect percentage (/d) of ownership of each.	
Caucasian	Public-Held	Government	Non-Profit
American (Male)	Corporation	Agency	Organization
%	%	%	%

Resident- (RBE), Minority- (MBE), or Woman-Owned (WBE) Business Enterprise (Qualifies by virtue of 51% or more ownership and active management by one or more of the following:

Resident-	□African	□**Native	□Hispanic	□Asian/Paci	fic DHasidic	□Asian/Indian	
Owned*	American	American	American	American	Jew	American	
%	%	%	0	_%	%	%	%

□Woman-Owned (MBE) %		Veteran		
WMBE Certification				ed by (Agency):
(9) Federal Tax ID No.: _				
(10) Columbus, Ohio Bus	siness License No	o.:		
(11) State of Lice	ense Type and No).:		
(12) Worker's Compensa Policy No.:	tion Insurance Ca	arrier:	Expiration	Date:
(13) General Liability Ins Policy No	urance Carrier:		_ Expiration D	ate:
(14) Professional Liability Policy No	/ Insurance Carrie	er:	_Expiration D	ate:
the Federal Gover within or without th	nment, any state e State of	government, tł ? Yes □	ne State of No □	debarred from providing any services , or any local government agen circumstances and current status.
relationship with a	ny Commissioner	or Officer of the	HA? Yes 🗆	any current, past personal or profession No circumstances and current status.
genuine and not c directly or indirectl and has not in any conference, with a profit or cost elem	ollusive and that s y, with any propo- / manner, directly ny person, to fix t ent of said propo	said proposer e ser or person, f or indirectly so he proposal pr osal price, or th	entity has not to put in a sha bught by agre ice of affiant o nat of any oth	osal hereby certifies that such proposal colluded, conspired, connived or agree am proposal or to refrain from proposin ement or collusion, or communication or of any other proposer, to fix overhea er proposer or to secure any advantage ; and that all statements in said propos
he/she is verifying	that all information the HA discovers	provided herei that any inform	n is, to the bes ation entered	at by completing and submitting this for at of his/her knowledge, true and accurate herein is false, that shall entitle the HA lersigned party.
Signature	Date	Printed	Name	Company

by

Attachment C: Proposer's Certification

By signing below, Proposer certifies that the following statements are true and correct:

- 1. He/she has fully authority to bind Proposer and that no member of Proposer's organization is disbarred, suspended or otherwise prohibited from contracting with any federal, state or local agency, and the individual or business entity named in this proposal is eligible to receive the specified payment and acknowledges that this Contract may be terminated, and payment may be withheld if this certification is inaccurate.
- 2. Proposer proposes to furnish and deliver all items, for which proposals were provided herein, as specified in the proposal, in accordance with the terms, conditions, and specifications embodied herein, all of which terms, conditions, and specifications are hereby accepted and made a part of this proposal, all materials and supplies, which are described on the proposal worksheets herein and opposite of which prices have been entered, at the price or prices quoted, subject to valid price reductions as hereafter defined, as ordered for delivery, by CMHA.
- 3. Proposer agrees that this proposal shall remain open and valid for at least a period of sixty (60) days from the date of the proposal opening, or as may be specified herein, and that this proposal shall constitute an offer, which, if accepted by CMHA and subject to the terms and conditions of such acceptance, shall result in a contract between CMHA and the undersigned Proposer.
- 4. He/she has not given, offered to give, nor intends to give at any time hereafter any economic opportunity, future employment, gift, loan, gratuity, special discount, trip, favor, or service to a public servant in connection with this proposal.
- 5. Proposer, (the firm, corporation, partnership, or institution represented by the Proposer), or anyone acting for such firm, corporation or institution has not violated the antitrust laws of the State of Ohio or the Federal Antitrust laws, nor communicated directly or indirectly this proposal to any competitor or any other person engaged in such line of business.
- 6. Proposer has not received compensation for participation in the preparation of the specifications for this solicitation.

SIGNED:	Date
PRINT NAME:	
PRINT COMPANY NAME:	
COMPANY PHONE:	FAX:
E-MAIL ADDRESS:	

RFP 2023-014 ATTACHMENT D: PROPOSAL FEE SHEET

1.	Training Service/Class	Hourly Rate \$	Hourly Rate \$	
2.	Training Services/Class	Hourly Rate \$	Hourly Rate \$	

Note: No additional costs will be allowed such as commissions, bonuses, sales credits or other rewards. The HA does not pay trip charges or travel time.

Date		
Company		
Phone	Fax	
-	Compan	

ATTACHMENT E: INSTRUCTIONS FOR BIDDERS/PROPOSERS

SPECIAL CONDITION

Special conditions included in the specifications shall take precedence over any provisions stipulated hereunder.

SIGNATURE REQUIRED

Any page format in which proposal pricing is stated must be signed in ink followed by the person's signature printed or typewritten. If the proposer is a firm or corporation, insert the corporate name followed by the signature and title of a person authorized to sign said proposal.

PRINCIPALS, PARTNERSHIPS OR PROPRIETORS

All proposers are required to attach to the proposal packet a list of all principals, partners or proprietors of the company along with the appropriate title and/or position of each person.

<u>TAXES</u>

Federal and/or State taxes are not to be included in prices quoted. The successful proposer will be furnished an exemption certificate if needed.

<u>PRICING</u>

Proposers are to quote firm prices unless otherwise noted in the specifications. In case of a discrepancy in computing the amount of the proposal, the UNIT PRICE quoted will govern. In the event of a conflict between the price in numbers and the price in words, the price IN WORDS WILL CONTROL.

Quotations are requested F.O.B. destination. If quoted F.O.B. Shipping Point, include freight estimate and full value insurance cost.

ACCEPTANCE AND REJECTION

This proposal will be accepted or rejected within a period of sixty (60) days from the proposal opening date. CMHA reserves the right to reject any and all proposals, to waive technicalities, and to request a re-quote on the required materials and/or services. If more than one item is listed, prices shall be quoted on each unit. However, each item shall be considered a separate proposal and CMHA reserves the right to award a contract on each item separately proposed, or on all items as a whole or any combination thereof. Proposers whose proposal is made on an "all or none" basis must clearly state such fact in the proposal.

WITHDRAWAL OF PROPOSALS

Proposers may withdraw their proposals at any time prior to the time specified in the advertisement as the closing time for the receipt of proposals. However, no Proposer shall withdraw or cancel his proposal for a period of sixty (60) days after said advertised closing time for the receipt of proposals.

SUBMISSION OF PROPOSAL

Proposals must be submitted on the attached proposal page unless otherwise noted in the specifications. Blank spaces in the proposal must be completed and the phraseology is not to be changed. Any additional conditions, limitations, or provisions attached to the proposal may result in its rejection. It is important that all pages be in proper sequence. If the vendor does not wish to propose, the proposal should be so marked.

Proposals received prior to the time of the opening will be securely kept, unopened. No proposal received after the specified time will be considered except under the following conditions: if a proposal arrives by mail after the time fixed for opening, but before award is made, and it is shown to the satisfaction of the awarding officer that late arrival was due solely to delay in the mails, such proposals will be received and considered. No responsibility will attach to an officer for the premature opening of a proposal not properly addressed and identified.

Proposals must be submitted in a sealed envelope and clearly state the Proposer's Name, Address, RFP number and RFP Submittal deadline date.

CHANGES AND ADDENDA TO PROPOSAL DOCUMENTS

Each change or addendum issued in relation to this proposal document will be on file in the office of the Purchasing Department no less than five (5) working days prior to the scheduled proposal closing. In addition, to the extent possible, copies will be mailed to each person registered as having received a set of proposal documents. Total proposal or specific item cancellations may be issued later than the time specified above.

DELIVERY

Time will be of the essence for any orders placed as a result of this proposal. Purchaser reserves the right to cancel such orders, or any part thereof, without obligation if delivery is not made within the time(s) specified. Delivery shall be made 8:00 a.m. to 4:00 p.m. Monday through Friday to the destination shown on the proposal.

<u>QUALITY</u>

Unless otherwise stated by the proposer the proposal will be considered as being in strict accordance with the specifications outlined in the Proposal Document.

Reference to a particular trade, manufacturer's catalog or model number is made for descriptive purposes to guide the proposer in interpreting the requirements of CMHA. They should not be construed as excluding proposals on other types of materials, equipment and supplies.

However, the proposer, if awarded a contract, will be required to furnish the particular item referred to in the specifications or description unless a departure or substitution is clearly noted and described in the proposal.

SAMPLES

Samples, when requested, must be furnished free of expense and, if not destroyed, will upon request be returned at the proposer's expense.

INELIGIBLE PROPOSERS

CMHA is prohibited from making any awards to contractors, subcontractors or firms who are on lists of those ineligible to receive awards from the United States, as furnished periodically by HUD. The current list of ineligible firms is available for inspection by prospective proposers at the offices of CMHA.

CMHA is required to procure contracts only with responsible contractors, i.e. those who have the technical and financial competence to perform and who have a satisfactory record of integrity. Before awarding a contract CMHA will review the proposed contractor's ability to perform the contract successfully, considering factors such as the contractor's integrity, record of past performance, and financial and technical resources.

AWARD OF CONTRACT

The contract will be awarded to the responsible proposer submitting the lowest proposal complying with the conditions of the Invitation for Proposal with equal consideration being given to the detailed action plan, provided his proposal is reasonable and it is to the interest of CMHA to accept it. CMHA will consider proof of success of procedures (i.e., references) in the final determination.

All specifications and proposal documents become a binding part of the contract.

PERFORMANCE BOND

All proposers will be required to furnish a performance bond for any service/construction proposals requested by the HA. The performance bond of 100% of the full amount of the contract, which secures the faithful performance of the contract, must be furnished within 14 days of contract award. <u>No exceptions will be granted without prior written permission of CMHA</u>. Failure of the successful proposer to comply shall constitute a default. CMHA may either award the contract to the next reasonable proposer or re-advertise for proposals; and CMHA may charge against the proposer the difference between the amount of the proposal and the amount for which the contract for the work is subsequently executed.

SUBCONTRACTORS

The contractor shall not contract with any proposed subcontractor who has not been accepted by CMHA. The contractor shall notify CMHA in writing the name of each proposed

subcontractor. The acceptance or any objection shall be expressed in writing by CMHA within ten (10) working days after receipt of said request. CMHA may, without claim for extra cost by the contractor, disapprove any subcontractor for cause on the basis of its own determination or, because the contractor is listed as ineligible to receive awards of contracts for the United States on a current list or lists furnished by HUD.

CANCELLATION

CMHA reserves the right to monitor and evaluate the performance of a vendor, pursuant to this proposal, on a regular basis. Either CMHA or the vendor may terminate this contract upon a material violation of the terms herein, provided that the offended party issues written notice of the violation to the offending party.

PRE-PROPOSAL CONFERENCE

Where advisable or in the Authority's interest a Pre-Proposal Conference will be conducted for all proposers as specified in the proposal advertisement (time and location). However, in lieu of the aforementioned, any proposer or prospective proposer interested in a pre-proposal conference may request one by contacting the Purchasing Agent within seven (7) days after the date of the first publication of the notice to proposal. This conference shall be for clarification of procedures and requirements connected with the preparation of responsive proposals only.

MINORITY AND FEMALE BUSINESS ENTERPRISE POLICY

As policy, the HA will aggressively seek to contract with minority and/or female business enterprises for at least twenty percent (20%) of its annual dollar expenditures for construction, development and supply of goods and services. Initially, CMHA will seek to meet this goal by expanding and improving its contacts with appropriate minority and/or female business enterprises, so that more responsive proposals and competitive quotations can be solicited and received from such business enterprises. CMHA will, therefore, compile and maintain a master list of minority and female business enterprises (categorized and referenced by types of businesses) and related non-profit or service organizations. These businesses and specific groups will be kept informed, through outreach activities, regarding general and specific business opportunities with CMHA. Formal bidding through public advertisements will also be paid for or sponsored by CMHA with minority press and media as well as the major Columbus newspaper. Training sessions, focusing on both CMHA's general business practices and specific construction jobs or purchasing transactions, will also be conducted for the benefit of minority and/or female business enterprises on a regular basis. Actual contract awards for construction and purchasing will be recorded and monitored for minority and/or female business enterprise participation, and selected proposers will be expected to achieve their minority and/or female business enterprise commitments. Implementation duties for this policy will be delegated to the Minority Business/Contract Compliance Officer (for development activities) and the Purchasing Agent (for procurement activities), under the general supervision of the President\CEO.

Attachment G: HUD FORMS

5369 Instructions to Offerors Non-Construction http://www.hud.gove/offices/adm/hudclips/forms/files/5369.pdf

5369-C (8/93), Certifications & Representations of Offerors Non-Construction Contract http://www.hud.gov/offices/cpo/forms/hud5369c.pdf

5370-C Sections I & II General Conditions for Non-Construction Contracts, (With or without Maintenance Work) <u>http://www.hud.gov/offices/adm/hudclips/forms/files/5370-C1.pdf</u> <u>http://www.hud.gov/offices/adm/hudclips/forms/files/5370-C2.pdf</u>